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Stark County Law Library Association

December 2003

BEGINNERS

Body Parts on the Web

The email address, info@starklaw library.org really works! TRY IT!!







Legal professionals frequently have to deal with issues of the human body, in personal injury or medical malpractice cases. Unfortunately, few of us are also trained in the medical field, so grasping issues in this area of science is sometimes easier said than done. If you want to get a good start on learning about medicine and how the human body works, the place to start may well be anatomy. This week, we'll take a look at some of the sites that can help you learn more about that plaintiff's body parts.

Let's start with the traditional **Gray's Anatomy**, http://www.bartleby.com/107/ originally published in 1918, and containing over 1,200 engravings. All 12 chapters and 1,247 illustrations are available for your review. A bit primitive, but certainly the publication that set the standard.

As you might imagine, colleges and universities are some of the best places to find information about anatomy. Most institutes of higher learning and medical schools have websites touting or providing information on their anatomy programs. Here are a few worth visiting: first up is **LUMEN** http://www.meddean.luc.edu/lumen/Meded/grossanatomy/ga.html from Loyola

University Medical Center. Lumen offers the Dissector, which provides some great resources on the various areas of the human body. There's a dissection lab guide with real pictures of body parts, but if that's too much you can learn from the other training materials here, including a tutorial, a listing of muscles, tests, and crosssections for you to review. Make sure you check out "Lumen Learn 'Em, the Master Muscle List, and the practice exams. This site contains a ton of information, including a **list** < http:// www.meddean.luc.edu/lumen/meded/ grossanatomy/anatomy.htm> of other educational institutions with anatomy resources....

The U.S. government also wants to teach anatomy to you, through the Visible Human Project, http:// www.nlm.nih.gov/research/visible/> a creation of complete, anatomically detailed, three-dimensional representations of the normal male and female human bodies. Here you can download transverse CT, MRI, and cryoscan images from male and female cadavers, taken at one millimeter intervals. Most of the information is available for download only, but there are some other resources, such as AnatLine http://anatquest.nlm.nih.gov/Anatline/ index.html> and AnatQuest

BEGINNERS

Body Parts on the Web (Continued)

EbscoHost provides citations and full text articles for free in their Health Search **Premier** databases. EbscoHost is available through OPLIN < http:// www.oplin.lib. oh.us> with your local library card.

 -- give them both a look."> --

There are also a number of independent sites on anatomy worth mentioning. Human Anatomy Online http://www.innerbody.com/ htm/body.html> is a rather simple site allowing you to click on body parts to learn more about them. Three Dimension Medical Reconstruction http:// www.crd.ge.com/esl/cgsp/projects/ medical/> is a collection of movie clips showing various...medical reconstructions. Martindale's **Anatomy and Histology Center** http://www.martindalecenter.com/ MedicalAnatomy.html> has a nice set of links to other anatomy sites, and LifeART < http://www.lifeart.com/> will sell you medical clip art to use in presentations or at trial.

Finally, let's head back to the academic world, to see what anatomy journals are available online. The title **Wiley's Anatomy Web Site** http://www.wiley.com/WileyCDA/ promises us a lot, but it's mostly to promote the company's anatomy

journals and publications for sale. You'll find free copies of sample articles, links to related journals, and a nifty page of Internet anatomy resources. Some of the sites mentioned there include NetAnatomy http://www.netanatomy.com/">,, DissectionRoom.com, http://www. dissectionroom.com/> and GetBodySmart < http://www. getbodysmart.com/>. MedBioWorld provides a lengthy list of anatomy and physiology journals on the **Internet**, http://www.medbioworld. com/cgi-bin/displaycontents.cgi? table=med&type=Journals&filecode =(M)%20Anatomy> most of which require a subscription; a free anatomy journal is found at **Jasi.net** http:// www.jasi.net/>, the Journal of the Anatomical Society of India.¹

EbscoHost provides citations and full text articles **for free** in their Health Search Premier databases. EbscoHost is available through OPLIN http://www.oplin.lib.oh.us with your local library card.

INTERMEDIATE

Bits & Pieces



Free Online Typing Course

This online tutorial http://www.goodtyping.com/ provides a series of free typing lessons.

Registration (free) required to select a keyboard type and save lessons. It is also available in Spanish. ²

We can all benefit from more practice and it is a good stress reliever while taking a break from your work or when you are stuck in an airport.

INTERMEDIATE

Bits & Pieces (Continued)

Using Outlook's Auto-Delete Feature

"Outlook can be set to automatically empty the Deleted Items folder whenever you exit the Pro-gram. I'd suggest that you create a folder called, say, "Important Emails" and then turn on the autodeletion feature. When you review something in your Inbox, simply take one of two actions: delete it (it will go to the Deleted folder, and automatically disappear later) or drag-n-drop it to the Important E-mails folder. Either way, you only need to click once.

If this method appeals to you, a new folder for the good stuff can be created simply by right-clicking on the Outlook Today (personal folders) directory in the right-hand pane; the auto-delete feature can be turned on in Outlook 2000 [SP-3] by going to Tools | Options, selecting the Other tab, and checking the box for "Empty the Deleted Items folder upon exiting." ³

Backup Up Data Files

"Less than 10 percent of computer users back up their data files. The [following] article explains which files you should back up, and provides several options for doing so. I back up certain types of files (Quicken, The Virtual Chase, presentations, articles) to separate CDs, which has come in handy on the few occasions that my main PC has had to go into the shop for repair." A Read the article at: http://www.newsobserver.com/business/technology/story/3001543p-2748015c.html>

"The page cannot be displayed."

Often, if there is a problem displaying a web page, you will see a message in your browser that reads, "The page cannot be displayed." When this happens, try clicking the Refresh button. The page may appear in your browser. If it does not, there is probably a problem with the page itself.

ADVANCED

Outsourcing, Part 1

Outsourcing ("the act of transferring responsibilities for a process to an outside supplier") ⁵ of some elements of business is commonplace, i.e. payroll, IT, secretarial services, and facility management just to name a few. But recently there is an emerging trend for small and medium

sized law firms and corporate counsel to outsource legal work to a contract lawyer.

For example, "Here is an illustration as to where a contract lawyer can be used by a small firm that handles general business law for small to medium enterprises. A good client

ADVANCED

Outsourcing, Part 1 (Continued)

of my firm had an opportunity to enter into a joint venture to supply parts to a company in Canada. My firm had three options:

- handle the matter itself, and risk doing a poor job because neither partner was familiar with international and Caradian law;
- 2. refer the client to another firm that could handle the matter competently, and risk losing the client to that firm; or
- 3. hire an attorney with expertise in Canadian import/export law to handle the matter." ⁶

Outsourcing works well in this situation, more next month.

FOOTNOTES

- ¹ Reprinted with permission of the author. Mighell, Tom. Internet Legal Research Weekly. Issue #125, September 21, 2003. Subscribe http://www.inter-alia.net/subscribe.php
- ² "Free Online Typing Course." <u>lii.org: Librarians' Index to the Internet.</u> 13 October 2003. Librarians' Index to the Internet, lii.org. 12 November 2003. http://lii.org/search?m=p&query=%22Free+Online+Typing+Course%22&Search=SEARCH+LII.ORG&searchtype=keywords>
- ³ Kruck, Fred. "Outlook Tip: One Click Deletion of E-Mail." <u>The TechnoLawyer Community</u>. 10 November 2003. PeerViews Inc. 12 November 2003. Subscribe at the TechnoLawyer Homepage: http://www.technolawyer.com/member/index.asp>
- ⁴ Tyburski, Genie. "TVC Alert." <u>The Virtual Chase</u>. 12 November 2003. Ballard Spahr Andrews & Ingersoll, LLP. 13 November 2003. http://www.virtualchase.com/tvcalert/nov03/12nov03.html#backup
- ⁵ Piasecki, David J. "Inventory Accuracy Glossary." <u>AccuracyBook.com</u>. 2003. David J. Piasecki. 18 November 2003. http://accuracybook.com/glossary.htm
- ⁶ Adair, Amelia J. "Contract Lawyers and Other Emerging Trends in Solo and Small Firm Practice: A View from the United States." © 2001. BiziLaw. com. 18 November 2003. http://www.bizilaw.com/articles/bizart009. http://www.bizilaw.com/articles/bizart009.

By Nancy Stinson, MLS nancy@starklawlibrary.org